



2023/2024 Uniform Policy

Total Futbol Academy San Diego is striving to project a professional image. Every player should adhere to the following practice and game uniform policies. Only official Total Futbol Academy San Diego Adidas uniform sets, Total Futbol Academy San Diego practice gear, and Total Futbol Academy San Diego cold weather gear should be worn.

Uniform Numbering: Total Futbol Academy San Diego numbering system allows for goalkeepers to wear the numbers 1 Total Futbol Academy San Diego numbering system allows for field players to wear the numbers 2-20.

Practices: All players should arrive wearing their blue practice tee, blue practice shorts, and blue socks. All players should bring their soccer bags, soccer balls, and water or a sports drink. Soccer bags should be lined up neatly at the sidelines. **Game uniforms** should never be worn at practice. Goalies may also wear their keeper jersey during practice.

Field Player Game Uniform: Primary game uniform is blue jersey, blue game shorts, and blue game socks. Home game uniform blue jersey, blue game shorts, and blue game socks. Away game uniform white jersey, blue game shorts, and white game socks. If there is a color conflict when we are away team, then the alternate game uniform should be worn. Alternate game uniform is white jersey, blue game shorts, and blue game socks.

Game jerseys must be always tucked in. All players should arrive to a game wearing their blue practice tee, game shorts, and game socks. Players will warm-up in their practice tee, and then change to their game jersey 5 minutes prior to game kick-off. Game jerseys must be always tucked in. **All players should have both game uniform sets and their practice tees with them, along with their soccer bags, soccer balls, and water or sports drinks. Soccer bags should be lined up neatly on the sidelines.**

Goalkeeper Game Uniform: Goalies should arrive wearing their practice tee and game shorts, and then change to their game jersey 5 minutes prior to game kick-off. Alternatively, goalies can elect to arrive wearing their goalkeeper attire (jersey and shorts/pants). Goalies may elect whether to tuck in their practice tee during practice, or goalkeeper jersey during game play, while playing as goalkeeper. Goalies that also have time in games as a field player, must change to the same uniform as their field player.

Attire After or In-between Games: After the completion of a season game, or in between season tournament games, players (including goalies) must change from their game jersey to their practice tee. Being shirtless or wearing only a sports bra is not allowed. This applies while at the fields or while out in public.

Cold weather gear: Hooded (if required to be purchased in team uniform kit) should be worn to all games/tournaments when the weather allows it and uniformly by all players. For pre-game warm-up.

Outside Representative Functions: Functions such as club/team fundraisers, volunteer work with sponsors, ball boys/girls at local high school and college games, etc. are a good opportunity to represent the Total Futbol Academy San Diego Soccer Club. Practice uniforms, and cold weather gear (hooded or Adidas jacket) ARE allowed to be worn by players. Note that players may also wear their practice tee, or hooded outside of practice, i.e., to school, etc.

For travel to tournaments, team dinners, etc., players should wear their practice tee and Adidas jacket or Total Futbol Academy San Diego hoodie (if required to be purchased in team uniform kit) as weather allows.